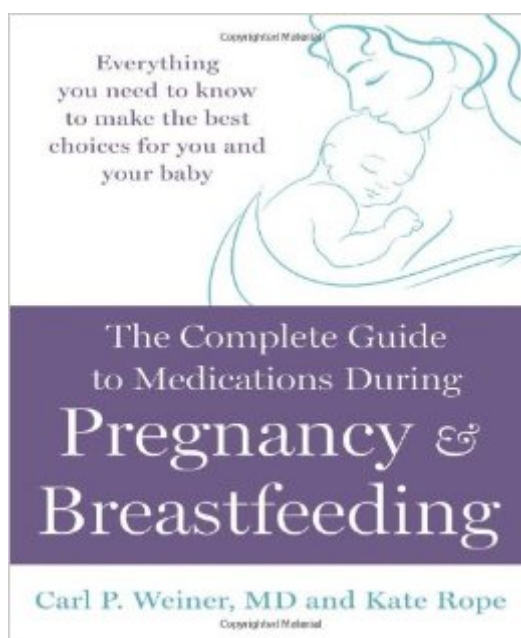


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# The Complete Guide To Medications During Pregnancy And Breastfeeding: Everything You Need To Know To Make The Best Choices For You And Your Baby



## Synopsis

From a renowned obstetrician and expert in maternal-fetal medicine comes the only comprehensive pharmaceutical guide available to help you make informed decisions while pregnant and nursing. Sometimes even physicians disagree or appear confused about what medications are appropriate choices for pregnant and breastfeeding women. Tylenol? Ambien? Sudafed? A prescription medication for a chronic condition? How much is OK and when? Incomplete or misinformation, an out-dated FDA classification system, and fear all stand in the way. Which means taking care of your health during this important time of your life can feel scarier than it should. The Complete Guide to Medications During Pregnancy and Breastfeeding cuts through the confusion so that you can feel good about taking care of yourself and your baby. This essential reference combines authority and empathy with an A-to-Z directory of more than six hundred drugs to help you make the best possible decisions for you and your baby.

## Book Information

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## Customer Reviews

Most women take at least one drug during pregnancy, and this thoroughly researched guide can help prevent everything from miscarriages to birth defects. Written by a doctor who is an expert in maternal-fetal medicine and a health journalist who took medication during her pregnancy, this guide doesn't say "don't take anything," but it does advise caution. Weiner and Rope explain that the FDA gives drugs ratings of A (the safest and most studied), B, C, D, or X (potentially the riskiest for the fetus), and that fewer than 1 percent of

medications sold in the U.S. get an A for being considered extremely safe during pregnancy. The only drawback is that the book is organized alphabetically by the medications' official names, not by brand names, and it does not include an index. Still, the guide is invaluable, explaining the names each medication is sold under, what it's used for, how it works, reasons not to take it, potential drug interactions, possible side effects, and how it can affect pregnant women and their babies, including during breastfeeding. A lifesaver. --Karen Springen

"Some drugs are harmless to fetuses and babies, but others can wreak havoc. That's why pregnant and breastfeeding moms will gain insight - and great peace of mind - from the careful research and clear guidance Dr. Weiner offers in this superb book." --Harvey Karp, M.D., New York Times bestselling author of *The Happiest Baby on the Block* and Assistant Professor of Pediatrics, USC School of Medicine  
"In this much-needed and comprehensive directory, physician Weiner and health reporter Rope give expectant mothers and their health care providers a solid tool for knowing if, when, which, and how much medication is safe during pregnancy and while nursing . . . this should be the go-to reference in all libraries for medication use during pregnancy. A critical purchase." --Library Journal, starred review  
"This comprehensive resource will help empower pregnant and breastfeeding women facing medication decisions, allowing them to make informed choices." --Publishers Weekly

I have the printed version & it has been a valuable resource for me during each of my pregnancies (also during breastfeeding). So much false information is passed along via "old wives tales" with regard to pregnancy, and it can be difficult to find accurate & sourced reference material. Even certain advice from doctors seems to vary according to their personal philosophies. This book is the first place I go when I need to learn more about a particular medication. It also helped me better understand the pregnancy drug categories, and eased my mind about "category C," which includes everything from albuterol to the recommended vaccines. The book includes general possible side effects & warnings for each drug, and examines whatever research pertains to pregnancy and breastfeeding. It also provides a "bottom line" that states whether the drug is safe overall, or if caution should be used. Very easy to read, reference, and comprehend.

I wish this book had been available when I went through my pregnancies. In both cases, as a woman who wants to know why I need to take medications and how they might affect me and my baby, I found it difficult to get straightforward answers about the pros and cons. I did a lot of

research online at the time that was confusing and a little scary. Having now read in this book about the medications I was prescribed, I feel a big sense of relief that, in fact, they were safe and good choices. As with this purchase, I will now be buying this book for all my pregnant friends.

This book is what my pediatrician uses to look up drugs. I was happy it was on Kindle, with the idea that I could just search instead of flipping through a paper copy. Unfortunately, it has NOT BEEN INDEXED. Terrible. So, while I am happy that the content is available to pregnant and breastfeeding women (5 stars), I am totally at a loss about the release of a Kindle version with this little functionality (1 star). Get the hard copy!

This is a clearly written, wonderfully researched, and easily accessible go-to book to help both medical providers and pregnant patients/breastfeeding mothers address concerns over medication risks during pregnancy and in the postpartum period. The versatility of this publication allows doctors/midwives to quickly verify the most recent recommendations for use of medicines they would like to prescribe, as well as empowering mothers to enter discussions with their healthcare provider regarding the risks and benefits of drugs before they are taken.

Arrived as expected; handy to have.

I think the book is very very good. It has very accurate prescription and good use drugs in this population

This is a much needed book. Now women can rely on the latest information when researching what prescriptions to take or not to take during pregnancy and breastfeeding.

Good, helpful but kindle version is not ideal

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The Complete Guide to Medications During Pregnancy and Breastfeeding: Everything You Need to Know to Make the Best Choices for You and Your Baby  
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